

★ ACTIVITY / PAIRS CRICKET

FOCUS:

BATTING, BOWLING, FIELDING, GAME SENSE

DURATION: 20 MINUTES MAX.

EQUIPMENT:

1 RUBBER BALL, 2 BATS, 2 SETS OF STUMPS, CONES OR ROPES TO MARK BOUNDARIES



DESCRIPTION:

- ▶ Optional area size.

- ▶ Set up stumps 9 – 12 yards apart. Suit the skill ability level of the participants.

- ▶ Organize players into pairs and number each pair.

- ▶ Maximum 8 per group (2 batting, 4 fielding, 1 bowling and 1 wicket keeper).

- ▶ Each pair bats in turn for 12 balls.

- ▶ Each pair bowling/keeper pair bowls 12 balls (6 each).

- ▶ Those not batting or bowling are fielding.

- ▶ Batters can be 'out' caught or run out only.

- ▶ If batters go out they do not score from that attempt however they continue to bat.

- ▶ When each pair has batted a 2nd innings can begin.

- ▶ Highest scoring pair wins.

MAKE IT EASIER:

- ▶ Bowl underarm

- ▶ Use scorcher balls

MAKE IT HARDER:

- ▶ Add in hitting zones for the batters

- ▶ Add in being bowled as a way of getting out

