

★ ACTIVITY / DIAMOND CRICKET

FOCUS:

BATTING, BOWLING, FIELDING, GAME SENSE

DURATION: 20 MINUTES MAX.

EQUIPMENT:

4 SETS OF STUMPS, 4 BATS,
1 RUBBER CRICKET BALL



DESCRIPTION:

- ▶ Divide group into teams of four – ideally 3 teams of 4, although more/less players can be accommodated.
- ▶ Place four sets of stumps in diamond formation, appropriately distanced.
- ▶ 1 x team of four bats at a time. The remaining teams are wicket keeping, fielding and bowling.
- ▶ One bowler stands in center of diamond (four batters) and bowls to the batter at home plate. The remaining batters are runners at 1st, 2nd, and 3rd base.
- ▶ Ball is hit & all four batters must run anti-clockwise to next set of stumps to score a run.
- ▶ Batters can be 'out' bowled, caught or run out at any set of stumps.
- ▶ All batters rotate to next base if out, no runs are scored on a delivery if an out occurs.
- ▶ Fielders aim to get batters out in normal cricket manner e.g. running a batter out, catching, etc.
- ▶ Keep each team's score. Innings = 3-5 x "outs".

MAKE IT EASIER:



- ▶ Bowl underarm
- ▶ Use a scorcher ball
- ▶ Make the distance between stumps shorter

MAKE IT HARDER:



- ▶ Batters can run more than one base at a time
- ▶ Hit it and you MUST run

